



NAME: Dr. Sandra Williams

TITLE: Owner

BUSINESS: Lost Creek Mushroom Farm

STUDENT: Samira Mohabat

Dr. Williams, along with her husband Doug, has been a mushroom grower since the mid-1980s in Perkins, Oklahoma. In 1993, from her husband's dream to grow something in a greenhouse that would help people, is not harmful to the environment, and requires a low level of technology, they established Lost Creek Mushroom Farm, which sells grow-your-own shiitake log kits.

In 2008, Sandra and Doug founded Mushrooms in Ghana, a project of the Magical Child Foundation. The project was designed to introduce shiitake mushrooms into the Ghanaian small-farm agricultural community and diet, while at the same time to address contamination of oyster mushroom spawn affecting over 5,000 farmers in Ghana. The project would provide an inexpensive, easy-to-grow, high-quality protein food that would require less labor and less water than oyster mushrooms which, in turn, would increase financial support for these farmers and their families.

Truly an artist at heart, she holds two degrees in communication and a doctorate in theatre and is a theatre Artist-in-Residence with the Oklahoma Arts Council. As a creative and technical writer, her essays, poems, teaching materials, and video productions have won national and international awards. She was the 2010 Featured Woman in Ag in Payne County, Oklahoma. Sandra.